

### Child Intake

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Who is filling out this form? Name \_\_\_\_\_ Relationship \_\_\_\_\_

How did you hear about our clinic? \_\_\_\_\_

#### Emergency Contacts

1. Name \_\_\_\_\_ Phone (H) \_\_\_\_\_

Address \_\_\_\_\_ (W) \_\_\_\_\_

\_\_\_\_\_

Relationship to child \_\_\_\_\_

2. Name \_\_\_\_\_ Phone (H) \_\_\_\_\_

Address \_\_\_\_\_ (W) \_\_\_\_\_

\_\_\_\_\_

Relationship to child \_\_\_\_\_

Whom does the child live with? \_\_\_\_\_

#### Other Health Care Providers

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

\_\_\_\_\_

Phone# \_\_\_\_\_ Phone # \_\_\_\_\_ Phone # \_\_\_\_\_

What are your child's health concerns, in order of importance:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

## Child's Medical History

Please indicate any serious conditions, illness or injuries, and any hospitalizations with approximate dates:

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Which of the following diseases has your child had?

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Rubella (German Measles) | <input type="checkbox"/> Roseola       | <input type="checkbox"/> Impetigo       |
| <input type="checkbox"/> Measles                  | <input type="checkbox"/> Scarlet Fever | <input type="checkbox"/> Mononucleosis  |
| <input type="checkbox"/> Chicken Pox              | <input type="checkbox"/> Strep Throat  | <input type="checkbox"/> Ear Infections |
| <input type="checkbox"/> Whooping Cough           | <input type="checkbox"/> Mumps         |   |

Does your child have any allergies (medicines, environmental, etc.)?

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Please list all CURRENT medications and supplements (Prescription, over-the-counter, vitamins, herbs, homeopathics, etc.)

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Please list all PAST prescription medications

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How many times has your child been treated with ANTIBIOTICS? \_\_\_\_\_

Which of the following immunizations has your child had?

- |   |  |                                      |
|---|--|--------------------------------------|
| <input type="checkbox"/> DPP (diphtheria, pertussis, tetanus) | <input type="checkbox"/> Haemophilus influenza | <input type="checkbox"/> Hepatitis B |
| <input type="checkbox"/> Tetanus Booster when? _____          | <input type="checkbox"/> "Flu"                 | <input type="checkbox"/> Hepatitis A |
| <input type="checkbox"/> MMR (measles, mumps, rubella)        | <input type="checkbox"/> Polio                 | <input type="checkbox"/> Chicken Pox |
| <input type="checkbox"/> Other _____                          |  |                                      |

Please indicate if any of the above has caused an adverse reaction:

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Has your child had any screening test (i.e. blood, hearing, vision)?  Yes  No  
If Yes, please list:

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## Child's Diet

How was your infant fed?

- Breast -fed: how long? \_\_\_\_\_  Formula  Milk  Soy  
 Other \_\_\_\_\_

Were foods introduced before 6 months?  Yes  No

If yes please list:

\_\_\_\_\_

What foods were introduced between 6-12 months?

\_\_\_\_\_

\_\_\_\_\_

Did your child ever experience colic?  Yes  No

Was it?  Mild  Moderate  Severe

Does your child have any food allergies or interolerances?  Yes  No

If yes please list:

\_\_\_\_\_

\_\_\_\_\_

Does your child have any dietary restrictions (i.e. religious, vegetarian/vegan)?

Yes  No If yes please list:

\_\_\_\_\_

\_\_\_\_\_

Describe a typical day's diet for your child

Breakfast \_\_\_\_\_ Snacks \_\_\_\_\_

Lunch \_\_\_\_\_ Beverages \_\_\_\_\_

Dinner \_\_\_\_\_

## Health and Development

How was your child's health in the first year?  Poor  Fair  Good

Excellent  Unknown

At what age did your child first?

Sit up \_\_\_\_\_ Crawl \_\_\_\_\_ Walk \_\_\_\_\_ Talk \_\_\_\_\_

Describe your child's sleep pattern

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Describe your child's temperament

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Describe your child's behaviour and performance at school

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## **Prenatal Health**

What was the health of the parents at conception?

Mother:  Poor     Fair     Good     Excellent     Unknown  
Father  Poor     Fair     Good     Excellent     Unknown

What was the health of the mother during the pregnancy?

Poor     Fair     Good     Excellent     Unknown

How was the mother's diet during pregnancy?

Poor     Fair     Good     Excellent     Unknown

What was the mother's age at the time of this child's birth? \_\_\_\_\_

Did the mother receive prenatal medical care?     Yes     No     Unknown

Did the mother experience any of the following during the pregnancy?

Bleeding     High blood pressure     Nausea     Vomiting  
 Diabetes     Thyroid problems     Physical Trauma  
 Emotional Trauma     Other \_\_\_\_\_

Did the mother use any of the following substances during the pregnancy?

Recreational drugs: Type? \_\_\_\_\_  
 Prescription Medications: List? \_\_\_\_\_  
 Over - the - counter Medications: List? \_\_\_\_\_  
 Supplements: List? \_\_\_\_\_  
 Tobacco     Alcohol     Other: \_\_\_\_\_

## **Birth History**

Term Length       Full       Premature \_\_\_\_\_ wks       Late \_\_\_\_\_ wks

Length of labour \_\_\_\_\_      Child's weight at birth: \_\_\_\_\_

Was the birth:  Vaginal     C-Section     Induced     Forceps      
 Anaesthesia

Were there any complications?     Yes       No  
 If Yes Explain

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Did the child experience any of the following at or shortly after the birth?

Jaundice       Rashes       Seizures  
 Birth Injuries \_\_\_\_\_       Birth Defects \_\_\_\_\_  
 Other \_\_\_\_\_

## Family History

Do you know the family history     Yes       No

Indicate if a close relatives (i.e. parent, sibling) has had any of the following:

Symptoms	Who & Relationship	Symptoms	Who & Relationship
Allergies		Birth Defects	
Asthma		Juvenile arthritis	
Diabetes		Other	
Kidney Disease			

Do either of the parents have a chronic illness?  Yes     No  
 If yes please describe

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## Child's Environment

Is the child in?       School       Daycare       Home Care       Other

What are the child's favourite activities?

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Does the child exercise regularly?     Yes       No

How much? \_\_\_\_\_

How often? \_\_\_\_\_

How much television does your child watch? \_\_\_\_\_ hours/day

How often does your child read, or is your child read to (not for school)?

Daily     Several times/week     Weekly     Less than Weekly     Never

Does anyone in the child's household smoke?     Yes       No

Are there any animals in the home?       Yes       No

What kind?

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How is the child's home heated? \_\_\_\_\_

Do you know of any toxins or hazards the child is regularly exposed to (home, school, hobbies)? Please describe:

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How would you describe the emotional climate of the child's home?

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